

## UNDERSTANDING STREP THROAT

Streptococcal pharyngitis, or strep throat is a very common illness that is caused by a bacteria, streptococcus pyogenes or Group A Strep (GAS). Group A strep pharyngitis is most commonly spread through direct person-to-person transmission, typically through saliva or nasal secretions.<sup>1</sup>



- Sudden, severe sore throat
- Tender lymph glands in the front of the neck
- Muscle aches
- Fever
- Pain when swallowing
- Tiny, red spots on the roof of the mouth
- Red and swollen tonsils, sometimes with white patches or streaks of pus
- Headache, stomach pain, nausea, or vomiting - especially in children

1. [www.cdc.gov/groupastrep/diseases-hcp/strep-throat.html](http://www.cdc.gov/groupastrep/diseases-hcp/strep-throat.html)



### Get tested for Strep.

If you or a family member has a sore throat, you should be seen by a pharmacist or doctor who can perform a Group A Strep test to determine whether the illness is strep throat.

### Stay home.

If the test result is positive for Group A streptococcus, you should rest and stay home from work, school, or day care for 24 hours after taking the antibiotic or as directed by your healthcare provider.

### Wash your hands.

If soap and water are not available, use a hand sanitizer.

### Do the elbow cough.

Cough into elbows, not hands where it is more likely to spread bacteria and viruses through touch.

## ASK HOW YOU CAN BE TESTED FOR STREP THROAT AT THIS PHARMACY LOCATION

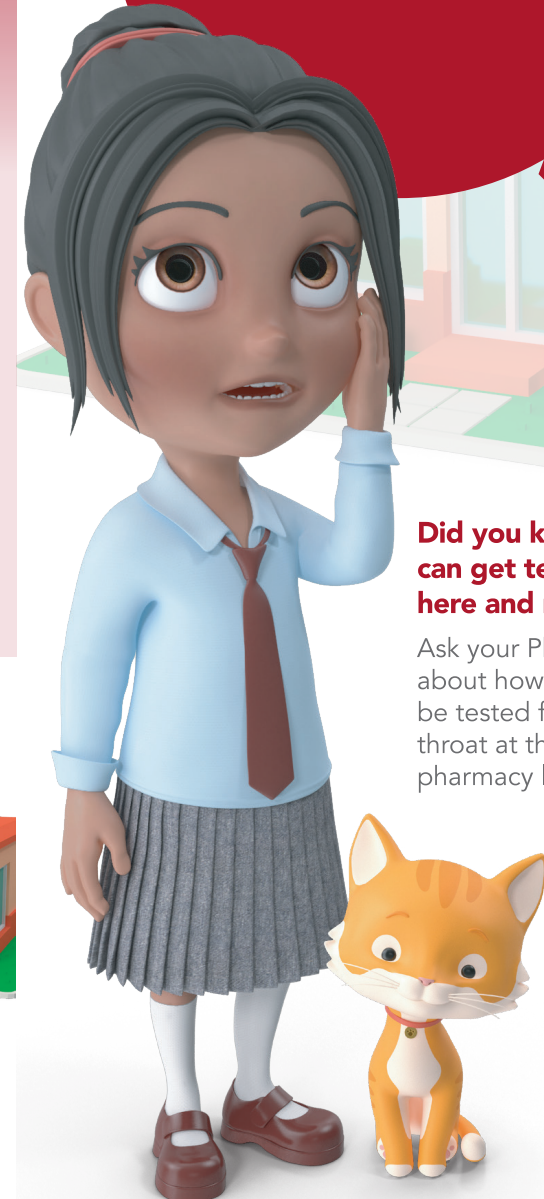
Determining a positive Group A streptococcus is important to diagnose for applicable treatment. If you are symptomatic, ask your pharmacist about testing options on-site.



 **QuidelOrtho™**

\*Ask about your eligibility for the Strep test.

BR1110200EN00 (03/23)



**Did you know you can get tested right here and now?\***

Ask your Pharmacist about how you can be tested for strep throat at this pharmacy location.



Although rare, complications<sup>1</sup> can result from the strep infection spreading to other areas of the body if not treated.

These complications include:

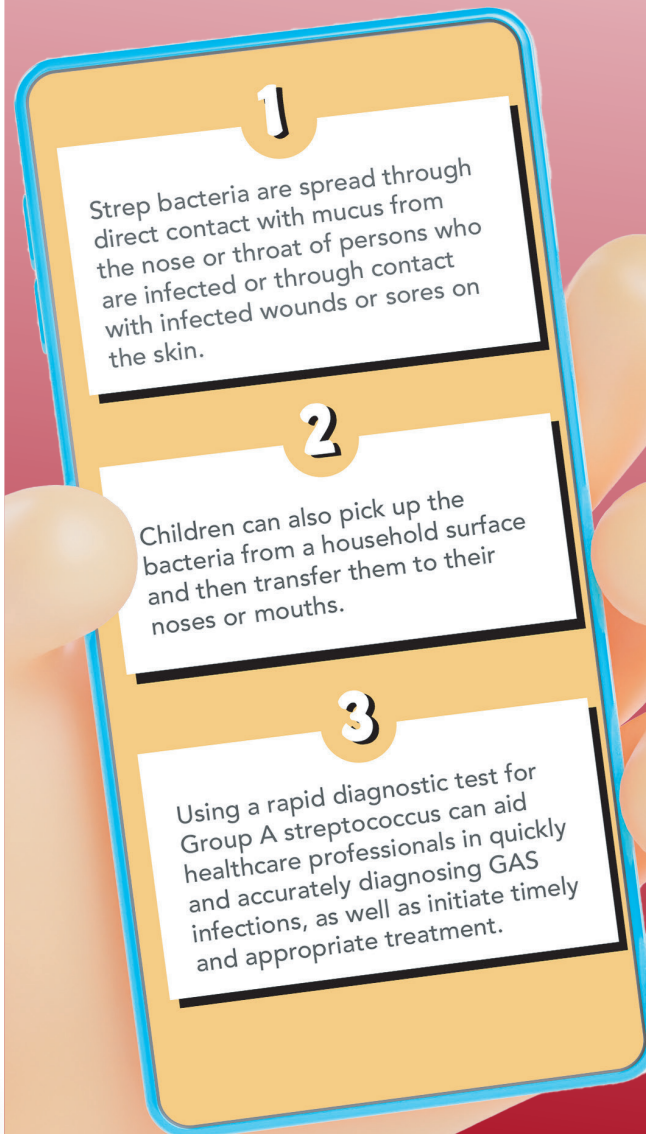
- ✓ **ABCESSES AROUND THE TONSILS**
- ✓ **KIDNEY INFLAMMATION**
- ✓ **SINUSITIS**
- ✓ **RHEUMATIC FEVER**
- ✓ **EAR INFECTIONS**

It is important to be able to distinguish a strep throat from a viral sore throat because strep infections should be treated with antibiotics.



1. [www.cdc.gov/groupastrep/diseases-hcp/strep-throat.html](http://www.cdc.gov/groupastrep/diseases-hcp/strep-throat.html)

## THE TOP THREE STREP THROAT QUICK FACTS:



## DISCOVER THE TRUTH ABOUT TESTING FOR STREP THROAT.

**The Strep A test is easy to administer and can be done right here by the pharmacist.**

To perform the test, the pharmacist will swab the back of your throat with a cotton-tipped swab then run a rapid diagnostic test for Strep A. The test result will take about 5 minutes.

**If you test positive:** Your pharmacist will dispense an antibiotic that is prescribed under a physician's direction. The oral antibiotics should be taken for the full course, even if the symptoms get better or go away.

**If the test is negative** and you still feel sick, please contact your physician or visit an urgent care.

